

# Caramore Community 2009-2010 Annual Report



## Board of Directors

### **David Chapman**

*President/CEO*  
Caramore Community

### **Nancy Jo Stotts – Chairperson**

*Hospice Nurse*  
UNC Healthcare

### **Roland Wilkins**

*Consultant*  
Exec. Service Corp. of the Triangle

### **Andra Davis - Treasurer**

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Caramore Community

### **Heidi Hackney - Secretary**

*Homemaker*  
PPD

### **Laura E. Francis-Thorp – Past Chairperson**

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### **Paul Long**

*Transportation Services*  
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### **Dr. Allyson Marshall**

*Consultant Pharmacist*  
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### **Dr. Keith McCoy**

*Psychiatric Physician*  
UNC Healthcare

### **Philip Mullins - Chairperson Elect**

*Attorney*  
Thomas, Ferguson & Mullins

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*Program Director*

### **Ted McCreary**

*Employment Services Director*

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*Health Services Director/  
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### **Scott Zimmerman**

*Financial and Benefits Counselor*

### **Wanda Terrell**

*Finance Manager*

### **Martha Bollinger**

*Executive Secretary  
Office Manager*

## **What Caramore does...**

Caramore Community is a structured support program for adults with mental illness. We exist for the purposes of promoting wellness, managing illness, and facilitating the skills needed to live and work in the community.

Caramore provides **Mental Health Advocacy** services. We make sure that mental health and other medical appointments are scheduled for and attended by our clients. We make it our business to stay in consistent communication with our client's mental health treatment team.

Caramore provides **Group Home** services. Caramore group homes are a safe, affordable, family-like environment that features live-in supervision, a clear structured routine with goal directed and relationally focused services. The priorities at our homes include medication monitoring, proper money management and benefits counseling. Our homes are a nice place to live...where the environment matters and people care about your individual successes, both big and small.

Caramore provides **Work Adjustment** services. Caramore pre-vocational work sites provide real work opportunities that include on site supervision, support and encouragement. Our work sites give our participants meaningful, regular, predictable opportunities to earn a wage and be a part of a productive work team. Caramore work sites also afford significant opportunities to stay engaged, in work and with others. Work adjustment clients are acclimated to normal work expectations and are given supportive opportunities to establish or re-establish marketable work habits and skills.

Caramore provides **Supervised Apartment** services. Caramore supervised apartments are a safe, affordable independent-like living opportunity that features the same basic services offered in our group homes. Our supervised-apartment clients continue their rehabilitation by experiencing more freedoms and more responsibilities. At our supervised apartments, a broad array of practical support services continues to be available - around the clock and around the town.

Caramore provides **Job Development, Placement and Coaching** services. All Caramore services point to and revolve around, helping our clients get and keep competitive employment. Competitive employment is necessary for independent living and vitally important to maintaining a sense of purpose and a positive self-image. Practical, tailor made supports are offered to assist our clients in getting and keeping the kind of job they want and the kind of job that will enable them to have their own place in the community.

Caramore provides the unique **Tier 3** program services. Our Tier 3 services facilitate and nurture the stable, independent community living achieved during the earlier Caramore stages of support. Our Tier 3 services feature tailor-made practical supports including daily medication monitoring, socialization and transportation support. Tier 3 provides supported housing that accommodates and addresses problems related to client's criminal history and bad credit. Tier 3 has a proven record for proactive crisis intervention and relapse prevention. Caramore continues to serve as the "first responder" in needed crisis interventions. Mental health advocacy, benefits consulting and support, and money management supports services continue to be available to all Tier 3 participants

## Caramore Program Staff

**Cindy Swisher**

*Office Assistant*

**Dorothy Battle**

*Safety and Facilities Assistant*

**Debbie McReynolds**

*Ephesus Group Home Manager*

**Richard Carroll**

*Fountain Ridge Group Home Manager*

**Mary Furrow**

*Fountain Ridge Overnight Manager*

**Kevin Grotzky**

*Apartments Relief Manager*

**Kwami Jackson**

*Apartments Relief Manager*

**Faison Sloan**

*Apartments Relief Manager*

**Blake Daughtry**

*Group Home Weekend Relief Manager*

**Eric Morris**

*Group Home Weekend Relief Manager*

**Kirk Green**

*Group Home Weekend Relief Manager*

**John Hajenga**

*Caraflorea Manager*

**Robert Hart**

*Caraflorea Assistant Manager*

**Everitt Walden**

*Caraflorea Assistant Manager*

**Preston Evans**

*Caraflorea Assistant Manager*

**Tanya Beairs**

*Caraclean Manager*

**Kerri Deeds**

*Caraclean Assistant Manager*

## Caramore Production Employees

**Antione Brooks**

**Eddie Burch**

**Chris Burns**

**Kirk Green**

**Gwinn Johnson**

**Marvin McLean**

## What the NUMBERS say about Caramore Community...

### Who we serve -

**83 clients** from across North Carolina received Caramore services during the 2009 – 2010 fiscal year.

**66%** of Caramore clients have a history of one of the following mental illness diagnosis – schizophrenia, schizoaffective disorder, major depression or bipolar disorder.

**30** is the average age our clients.

**89%** of our clients have a high school diploma.

**36%** of our clients have significant criminal histories.

**67%** of our clients have significant substance abuse histories.

**100%** of our clients were unemployed prior to admission to Caramore.

### What outcomes are achieved -

**24** clients obtained competitive employment during this past year.

**81%** of our clients obtained stable competitive employment.

**51%** of our client obtained successfully rehabilitated status from NC Division of Vocational Rehabilitation.

**\$525,647** is how much Caramore clients earned in wages during the 2009 – 2010 fiscal year.

**94%** of surveyed clients indicated that their quality of life improved as a result of Caramore services.

### Where the money goes –

<b>Total Revenue</b>	<b>\$1,483,002</b>	
State Funding		1,050,236
Room and Board Income		162,902
Vocational Programs Income		237,910
Donations and other		31,954
<b>Total Expenses</b>	<b>\$1,483,002</b>	
Salaries and Wages		704,952
Training Allowance and Wages		104,821
Employee Benefits		168,845
Rent, utilities, and R&M		348,627
Insurance and P&E		69,480
Supplies and Materials		86,277

### We are growing, our funding isn't –

**10%** is the average annual growth of number of clients served per year over the past 10 years.

**2%** is the average annual growth of North Carolina state funding over the past 10 years.



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## **What the PEOPLE say about Caramore Community...**

*“The cohesive community of Caramore is unique in its ability to accomplish its mission of rehabilitation, life skills management, independence, opportunity and success for its clients. For my daughter and me, the Caramore program has been a profound life-changing experience.”*

Nancy Swisher

*“I can’t say enough good things about the program. It worked just like you said it would. He got up every day and went to work. He quickly got a competitive job that he loves, and he works with wonderful people who care about him. First in tier one he stayed in one of the group homes. Then he moved onto tier two and into an apartment. Eventually, out of the program and into an apartment of his own. He got back his car, his independence, and his sense of self worth, all because he believed in the Caramore program.”*

Hunter Durham

*“They have helped him to get a job; learn to live independently, and to become a productive individual. But most of all, they have given him hope that he has a future.”*

Ann and Bob Via

*“What Caramore means to me: It means a safe environment, plenty of support, setting and meeting goals for independent living and meeting a lot of great people from a variety of places.”*

Debbie McReynolds

*“To me, my family in a sense, is Caramore.”*

Kevin Grotzky

*“Caramore offered me a stable environment in which I could live, take care of my medical needs, and function at a job. It also offered me a way to get on my own and still receive support. Otherwise, I don’t think I could have made it”.*

Eric Morris

*“There will never be any regrets for having spent my time in life with the Caramore Community. It proved to myself that even though I have a mental illness, I could be a productive member of society.”*

Blake Daughtry

*“I do not know what might have happened if we did not have Caramore to help us hang on during the difficult times.”*

Dawn Brezina

*“Instead of shame about schizophrenia, I feel empowered and I am eager to share with others how Caramore has positively impacted our lives.”*

Marina Skinner

**550 Smith Level Road Carrboro, NC 27510 [www.caramore.org](http://www.caramore.org)**

